



GHA
GLOBAL HEALTHCARE
ACADEMY

FOOT & ANKLE SURGERY CADAVERIC WORKSHOP



7TH & 8TH MARCH 2026



**MS Ramaiah Advanced
Learning Center
Bengaluru**

Course Duration: 2 Day

Course Mode: Offline



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Course Overview

Built on the principles of experiential learning, this program offers surgeons a unique opportunity to transform anatomical knowledge into practical surgical expertise. Through faculty-led dissections, live demonstrations, and hands-on practice, participants gain deeper insight into surgical planning, exposure techniques, and precise execution. The structured format emphasizes technical accuracy, procedural consistency, and intraoperative decision-making, while promoting professional growth and operative confidence. By integrating mentorship with immersive practice, the program equips surgeons with the skills and judgment necessary to manage complex foot and ankle reconstructive procedures with proficiency and confidence.

Course Director



Dr. Ajoy S M

A Prof and Senior Consultant.
Foot and Ankle Services,

Department of Orthopedics, Ramaiah Medical
College and Hospitals, Bangalore.

Coordinator and QCO, Ramaiah Tissue Bank.

Scientific Chair - IFAS 2022-23, IFASCON 23, IAFAC,
F&A Sessions - IASCON, IOACON 2024.

Associate Editor - JFAS (Asia Pacific)

President, Indian Foot and Ankle Society.

Course Curriculum:

- Anterior Ankle Arthroscopy – Portal placement and scope handling
- Lateral Ligament Repair and Augmentation
- Deltoid Ligament Reconstruction
- Calcaneal Osteotomy (Medial/Lateral Column)
- FDL Transfer and Spring-Ligament Reconstruction for Flatfoot
- Tendon Transfers for Foot-Drop and Neuromuscular Imbalance
- Ankle Arthrodesis – Exposure, Joint Preparation, and Fixation
- Midfoot and Charcot Reconstruction Techniques
- Hallux Valgus Osteotomy and Fixation

Learning Objectives

- Demonstrate step-by-step execution of anterior ankle arthroscopy including portal placement and scope handling.
- Identify anatomical landmarks and surgical planes critical for lateral and deltoid ligament reconstruction.
- Understand the biomechanical principles of calcaneal osteotomy and midfoot realignment.
- Apply techniques for tendon transfers in foot-drop and neuromuscular imbalance.
- Gain familiarity with arthrodesis preparation, fixation options, and fusion strategies.

Learning Methodology

Cadaveric Dissection Workshops

Demonstrations by Expert Faculty

Stepwise Procedural Practice

Interactive Discussions and
Case-based Learning

Skill Assessment and Feedback
Sessions

Learning Outcomes

- Refined technical proficiency in arthroscopy, osteotomy, ligament, and tendon reconstruction.
- Ability to select appropriate surgical indications and techniques for diverse clinical presentations.
- Strengthened intraoperative decision-making and complication management skills.
- A solid foundation for translating cadaveric practice into real-world surgical performance.
- Enhance their operative confidence and instrument handling for complex foot and ankle procedures.
- Improve understanding of anatomic variations and intraoperative challenges.
- Integrate advanced reconstructive and stabilization techniques into routine surgical practice.
- Develop a structured approach for managing deformity, instability, and arthritic pathologies of the foot and ankle.



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